

Brunch

- Traditional Breakfast**, smoked streaky bacon, British outdoor-bred pork sausage, grilled plum tomato, flat mushroom, baked beans, two free-range eggs (done your way), toasted sourdough (1135kcal) 10
- Full Vegetarian Breakfast**, Meatless Farm sausages, grilled tomato, baked beans, flat mushroom, hash browns, two free-range eggs (done your way), toasted sourdough (v) (969kcal) 10
- The Full Vegan**, Meatless Farm sausages, avocado, grilled mushroom, grilled plum tomato, baked beans, scrambled silken tofu, toasted sourdough (ve) (776kcal) 10
- Free-Range Scrambled Eggs With Avocado & Scottish Smoked Salmon**, on toasted sourdough (871kcal) 9.5
- Eggs Benedict**, free-range poached eggs, smoked streaky bacon, buttered English muffin with hollandaise* (832kcal) 9
- Eggs Royale**, free-range poached eggs, Scottish smoked salmon, buttered English muffin with hollandaise* (708kcal) 9
- Avocado on sourdough toast**, smashed avocado, red chilli, pumpkin seeds, crumbled feta cheese (v) (541kcal) 9
- Eggs Florentine**, free-range poached eggs, wilted baby spinach, buttered English muffin with hollandaise* (v) (713kcal) 8.5
- Baked Egg Shakshuka**, baked free-range egg in a spiced tomato & chickpea sauce, wilted baby spinach, feta, black onion seeds, pomegranate molasses, coriander, grilled chorizo, toasted sourdough (1192kcal) 9
- Belgian Waffles with Fresh Berries & Maple Syrup**, with blueberries, strawberries and banana (v) (965kcal) 9
- Add smoked streaky bacon (105kcal) 2

Sides & Add-Ons

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| Smoked Streaky Bacon (105kcal) 2 | Chorizo (494kcal) 2.5 |
| Avocado (ve) (119kcal) 2 | Halloumi (v) (414kcal) 3 |
| Hash Browns (v) (212kcal) 1.5 | |

Our easy to use allergen guide is available for you to use on the food section of our website or on our Glass Onion app. We keep it online so that it's always as up to date as possible and you can filter out dishes containing any of the 14 major allergens. If you can't access the internet, we will be happy to provide you with the information. Our food and drinks are prepared in food areas where cross contamination may occur, and our menu descriptions do not include all ingredients. If you have any questions, allergies or intolerances, please let us know before ordering.

(v) = made with vegetarian ingredients, (ve) = made with vegan ingredients, however some of our preparation, cooking and serving methods could affect this. If you require more information, please ask your server. *= This dish contains alcohol. Fish dishes may contain small bones. Weights stated are approximate uncooked weights. All items are subject to availability. Adults need around 2000kcal a day. All calories are correct at the time of menu print. Live nutritional information is available online.