



## Sharers

**Rosemary & Garlic Camembert Baked in Sourdough**, apple & fig chutney (v) (1239kcal for two to share) 14.5

**Whole Baked Sourdough**, salted butter (v) (1319kcal for two to share) 5.5

**Nachos**, flour tortillas, sour cream, avocado, chillies, tomato salsa, melted mature cheddar (v) (1272kcal for two to share) 10.5

## Starters

**King Prawns & Chorizo**, in homemade garlic butter, sourdough (571kcal) 8

**Spiced Parsnip and Sweet Potato Soup**, coconut dressing, basil pesto, sourdough bread (ve) (270kcal) 6

**Grilled Goats Cheese & Beetroot Salad**, beetroot, beluga lentils, vine tomatoes (v) (382kcal) 7.5

**Korean-Style Fried Chicken**, gochujang sauce, spring onion, red chilli (621kcal) 7

**Crispy Calamari**, saffron aioli (382kcal) 7

## Mains

**8oz Sirloin Steak**, triple-cooked chips, watercress, your choice of peppercorn\* or beef dripping & thyme sauce (919kcal) 23

**Grilled Seabass Fillets**, heritage potatoes, sauteed leeks, peas & chorizo, lemon, thyme & white wine velouté (927kcal) 15.5

**Steak, Shin & Pale Ale Pie**, slow-cooked steak & beef shin in a rich St Austell Brewery Tribute gravy, clotted cream mash, pangrattato crumb, buttered leeks, savoy cabbage, bordelaise sauce\* (1251kcal) 15.5

**Chicken Schnitzel**, rocket and vine tomato salad, fries, saffron aioli (1064kcal) 15

**Glazed Pork Belly**, clotted cream & grain mustard mash, black pudding bon bon, buttered green beans, apple butter, cider sauce (2008kcal) 16

**British Outdoor-Bred Pork Sausage & Spring Onion Mash**, crispy tobacco onions, red wine jus. (1109kcal) 13.5

*Vegetarian serve available (v) (613kcal)*

**Seafood Linguine**, king prawns, calamari and nduja in a shellfish velouté, pangrattato crumb (829kcal) 15

**Nourish Bowl**, long stem broccoli, spiced roasted chickpeas, vine tomatoes, houmous, pomegranate (ve) (451kcal) 12.5

*Add: Chicken (194kcal) 3.5 | Halloumi (414kcal) 3*

**Cheese Burger**, grilled beef patty, smoked Cheddar cheese, fries, house sauce (1195kcal) 14.5 *Add smoked streaky bacon (105kcal) 2*

**Plant-Based Burger**, Scotch Bonnet sauce, pink pickled onions, choice of fries (v) (1315kcal) or salad (ve) (1198kcal) 14

**Roasted Pumpkin**, Cropwell Bishop Stilton, black grapes, chicory, pine nuts, basil dressing (v) (472kcal) 14 *Vegan serve available (ve) (369kcal)*

**Beer-Battered Atlantic Haddock & Triple-Cooked Chips**, minted crushed peas, homemade tartare sauce (1067kcal) 15.5

## Sides

**Halloumi Fries**, chipotle chilli jam (v) (791kcal) 7

**Avocado & Cherry Tomato Salad (ve)** (284kcal) 4.5

**Triple-Cooked Chips (v)** (423kcal) 5

**Long Stem Broccoli**, garlic, lemon, chilli, pine nuts (v) (163kcal) 4

**Rosemary & Parmesan Fries**, white truffle-infused oil (501kcal) 5.5

**Croxtan Manor Mac & Cheese**, beef dripping pangrattato (713kcal) 5.5

## Desserts

**Belgian Chocolate Brownie**, salted caramel sauce, honeycomb ice cream (v) (512kcal) 6.5

**Sticky Toffee Pudding**, ginger ice cream (v) (888kcal) 7

**Apple & Damson Crumble**, ginger ice cream (v) (822kcal) 7 *Vegan serve available (ve) (806kcal)*

**Winter Berry Eton Mess**, fresh blackberries, whipped cream, British blackcurrant curd, crushed meringue, amaretti biscuits (v)(783kcal) 7.5

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Our easy to use allergen guide is available for you to use on the food section of our website or on our Glass Onion app. We keep it online so that it's always as up to date as possible and you can filter out dishes containing any of the 14 major allergens. If you can't access the internet, we will be happy to provide you with the information. Our food and drinks are prepared in food areas where cross contamination may occur, and our menu descriptions do not include all ingredients. If you have any questions, allergies or intolerances, please let us know before ordering.

(v) = made with vegetarian ingredients, (ve) = made with vegan ingredients, however some of our preparation, cooking and serving methods could affect this. If you require more information, please ask your server. \*= This dish contains alcohol. Fish dishes may contain small bones. Weights stated are approximate uncooked weights. All items are subject to availability. Adults need around 2000kcal a day. All calories are correct at the time of menu print. Live nutritional information is available online.